



# Navigating Internship:

## BENEFITS AND EXPECTATIONS

Internship is a program for students and recent graduates looking to acquire hands-on experience in their chosen fields. It's perfect for those eager to kickstart their careers and put classroom knowledge into practice.

### BENEFITS

- ✓ Develop practical expertise in your industry.
- ✓ Work closely with seasoned professionals.
- ✓ Build a strong professional network.
- ✓ Revamp your CV with practical experience.
- ✓ Some internships offer compensation.

### WHAT TO EXPECT

- ✓ Internships vary from a few weeks to several months.
- ✓ Supervisors will give you regular feedback on your work.
- ✓ You have opportunities to improve your skill set.
- ✓ There'll be real-world industry challenges.
- ✓ You'll be exposed to teamwork and cross-department functions.

### REASONS TO CHOOSE INTERNSHIPS

- ✓ Career advancement
- ✓ Explore interests
- ✓ Network building
- ✓ Confidence boost
- ✓ Global experience
- ✓ Mentorship
- ✓ Personal growth
- ✓ Industry insights
- ✓ Skill enhancement
- ✓ Leadership opportunities